

# Leisure & health clubs offering deals and discounts

Cheshire Police Federation have managed to secure some incredible deals from local health and leisure clubs for the exclusive use of Cheshire Police Federation members, retired officers, Police staff and their families.



## Old Hall Country Club & Spa

Old Hall Country Club & Spa is the perfect place to wind down or shape up. We always aim to make your visit a happy and rewarding one. Our outstanding facilities and excellent friendly staff ensure that you will always be looked after to the very highest of standards.

Call to arrange a visit and see for yourself just what makes Old Hall so very special! (P.S. We don't tie you into any contracts either!)

**Only £35.00 per person for a Full Peak Membership (normally £58.50)**

If you would like to know more about this fantastic offer, please call Donna on 01244 311593.

Aldford Road, Huntington, Chester CH3 6EA  
[membership@oldhallcountryclub.com](mailto:membership@oldhallcountryclub.com) [www.oldhallcountryclub.com](http://www.oldhallcountryclub.com)



## Crewe Hall Leisure Club

Take advantage of our fabulous offer for police joining from October: Join now and get one month absolutely free. With no admin or joining fee you could **SAVE £125!**

Take advantage of our exclusive police corporate rate of **£52.50 a month** or annual rate of £577.50, which works out at an amazing **£48.12 per month!**



## Cranage Hall Leisure Club



- State-of-the-art Gymnasium with cardio-theatre, heart rate monitors and Powerplate.
- Sprung floor Aerobic Studio with a wide range of more than 30 classes per week.
- 18 meter heated indoor swimming pool, with Sauna, touch all senses Steam room and Jacuzzi poolside
- Games bar with Pool and Billiards tables Tea/Coffee facilities and Television.
- Football pitch and a 7-a-side football league (free of charge)
- One outdoor floodlit Tennis court.
- Weigh and Watch scheme (available on a weekly basis, for weight management, nutritional advice).
- We also have a splash time for under 16s on Saturdays and Sundays between 3 pm- 5 pm.
- **We have a strictly over 16s policy during the week**

Opening hours are from 7am until 10pm everyday and there is always a qualified instructor on hand to assist with any queries.

### Prices

Joining Fee £50 (During October Only, Normally £185)

Single Membership 12 Months £575; Single Membership 6 Months £310;

Single Membership 3 Months £175

Joint Membership 12 Months £890; Joint Membership 6 Months £495;

Joint Membership 3 Months £275

**Police Corporate Rate 12 Months £397.50**

To answer any queries you may have or to book a show round please contact the leisure club on 01477 536775.



## Carden Park Hotel Golf Resort & Spa

Fantastic spa day offer!

For only £65 you can spend the whole day in the spa taking in morning refreshments and a light Spa lunch before receiving **one** of the following treatments:

- Aroma body massage,
- ESPA facial,
- Bespoke body wrap,
- Reiki,
- Reflexology,
- Hopi ear candle.

To book call **01829 731534** and quote **Cheshire Police**.

This offer is valid Sunday to Friday only and is subject to availability. Valid until 31.3.12.





## Mere Leisure Club

Annual membership is £875 for 12 months or alternatively £77 a month via direct debit.

Off peak membership is £625 for 12 months or alternatively £55 a month via direct debit. (9am – 5pm weekdays, 1pm – 8pm weekends)

The Mere is a 5 star retreat which offers unrivalled luxury.



- The health club boasts a fully equipped gym with the very latest technology
- A wide variety of group exercise classes in our class studio
- A terrace outside of the gym for open air training
- Come and swim in our 20m pool or chill in a heated vitality pool with in built seats and beds.
- Lounge out in the thermal zone including a salt room, sauna, aroma steam, ice fountain, caldarium and Hamamm room.
- Poolside also offers heated loungers which are on a heated floor.
- The changing rooms provide extreme comfort with our ultra-relaxing relax rooms, also your own heat rooms.
- If you're hungry, wine and dine in the Spa Lounge & Bar with our beautiful locally sourced food

Also offered:

- No joining fee on all Health Club & Spa Memberships, and five free guest passes when joining (Total value £225)
- 20% discount on all of our Spa treatments Mon-Thu

Mere Leisure Club would also be delighted to offer a free guest pass if someone would like to try the club out, normally chargeable at £35.00



## Best Western Forest Hills Leisure Club

Discounted membership rates of 25%:

	Normally	Police rate
Full Individual	£57	£42.75
Full Couple	£80	£60
Family	£115	£86.25
Junior	20	£15
Day Individual	£40	£30
Day Couple	£60	£45

Membership fees are collected through a monthly direct debit. No contract, just 2 months notice on cancellation.

Memberships come inclusive of all facilities and group exercise classes. For more information or enquiries they can contact the club direct on **01928 735430** or visit [www.foresthillshotel.com](http://www.foresthillshotel.com).



## Rookery Hall Health Club & Spa

Facilities include:

18 Metre Glass Roof Swimming Pool  
Hydrotherapy Pool  
Essence Infused Steam Room & Sauna  
Fully Equipped Technogym  
Air-Conditioned Class Studio  
5 Bubble Spa with 7 Treatment Rooms  
Relaxation Lounge with Cascading Water wall



Normally £75.50 a month - **Police Exclusive £53.00 a month**  
£35 Joining Fee for Police only! (Normally £150)

**Join this month and receive:**

- **A Hotel Stay for Two including, Breakfast and a Treatment**
- **A Luxury Spa Day for Two**
- **12 Complimentary Guest Passes**
- **Meal Voucher for the 2 Rosette Restaurant**
- **Meal Voucher for the Health Club Café Bar**
- **20% off an Elemis Skincare Product**
- **A Personal Training Taster Session**



Valid until June 2012

Spa Offers;

For Cheshire Police employees and retired officers we can offer 20% off any brochure treatment or package – valid Sunday to Friday

**AND**

Spa Day Getaway

- Choice of one 55 minute treatment per person (choose between a full body massage or 55 min facial)
- Glass of champagne
- Towels, robes & slippers
- Full use of facilities

£115 for two (£57.5 pp) valid 7 days a week (subject to availability)



## Hoole Hall Club & Spa

Exclusive health club features:

- Enjoy our state of the art gym, FREE induction with 6 weekly programme reviews to help you achieve your goals
- Over 50 classes per week at times that suit all our members
- State of the art swimming pool with aqua audio
- Indoor & Outdoor hydrotherapy Jacuzzi pool
- 4 Thermal rooms including Aroma Room, Hamman Chamber, Steam Room & Sauna



Be part of it. Simply call 01244 40 88 40 to book your VIP tour of our fantastic facilities.

**DON'T MISS OUT ON CORPORATE MEMBERSHIP & SAVE A MASSIVE 15%**

**TOTALFITNESS**  
*Leisure Clubs*



## Total Fitness

A corporate deal set up for Cheshire Police at Total Fitness (Chester, Crewe, Newcastle Under Lyme, Warrington and Wilmslow. Below are the key points for the offer.

- No joining fee – normally £25
- £5 deduction off the monthly membership rate of £45 ie.£40 for all Cheshire officers, retirees and police staff.
- Free one day pass to come and try the facilities
- This offer can be extended to your partner, so long as the payments come out of your bank account
- Proof of employment must be attached to the agreement – ie. wage slip or another form of Police identification.

For further information visit [www.totalfitness.co.uk](http://www.totalfitness.co.uk).

**QHOTELS**

**The Park Royal  
Hotel**

## Park Royal Leisure Club & Spa

Corporate membership on 12 month contract available at £44.00 a month January will be one month free on 12 month contract.

- 2 Gyms Cardio and a weights gym
- Over 40 Classes a week in Dance Studio (5 Classes of Zumba available)
- 3 Floodlit Tennis Courts
- 22 metre Swimming Pool
- Sauna, Steam and Jacuzzi
- Half hour free Personal Training Session
- Free Induction in Gym by highly qualified Gym Team
- 20% Discount off Hot Beverages and Food
- 20% Discount off Spa Treatments

Park Royal Leisure Club, Stretton, Warrington WA4 4NS  
Tel. **01925 730000**